

SAVE THE DATE



Women's Health Event

19 November 2026
10 am - 2 pm

We want to close the gap and ensure all women and girls get the care they need and deserve.

Let's Talk Women's Health!

Your health matters, and looking after ourselves starts with having the right information, support, and conversations.

An NHS and Torus Collaboration

✦ Everyone Is Welcome ✦

 FireFit, 115 Upper Warwick St,
Toxteth, Liverpool, L8 8HD

  Improvingme1
 Improvingme15